



Messy Recipes for Family Fun at Home

Slime

Ingredients

- 1 Bottle of Elmer's Glue
- 1/2 teaspoon Baking Soda
- 1½ TBSP of Contact Lens Solution
- 1 TBSP Optional - Add 2 TBSP to up to 1/2 CUP of water if you'd like a stretchier slime.
- Optional - Add in glitter if desired

Instructions

1. Get a bowl to mix your slime ingredients in.
2. Pour your entire 6 oz Elmer's Glue into the bowl.
3. Add your baking soda and mix in thoroughly. Also add 1 TBSP or more (up to 1/2 cup) of water here if you want a stretchier slime.
4. Slowly add in your contact lens solution (reminder: your contact lens solution should contain boric acid or your slime will not form). Add it in slowly and mix if possible so that you can adjust and ensure you do not add too much. You may not need the full amount so take this step slowly.
5. Now mix until your slime forms and begins to harden. Take it out and knead, knead, knead. You may be surprised how much you need to knead to really make the slime form. If it's not the desirable consistency keep kneading. If you find it to still be too sticky, add a little bit of lotion or baby oil to your hands.



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Play Dough

Ingredients

- 2 cups all-purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
- 2 cups lukewarm water
- 2 Tablespoons of vegetable oil (coconut oil works too)
- Food coloring, optional
- Quart sized bags

Instructions

1. Stir together the flour, salt and cream of tartar in a large pot.
2. Add water and oil, and food coloring.
3. Cook over medium heat, stirring constantly until the dough has thickened and begins to form into a ball.
4. Remove from heat and then place inside a gallon sized bag or onto wax paper.
5. Allow to cool slightly and then knead until smooth
6. Knead the dough while inside the bag so it doesn't stain your hands.
7. Ready, set, play!

Kinetic Sand

Ingredients

- 1 cup fine white craft sand (found at craft stores or online)
- 1 tablespoon cornstarch
- 1 tablespoon unscented liquid dish soap
- 1 bottle (4 ounces white or 5 ounces clear) washable school glue
- Food coloring, optional
- 3 teaspoons contact lens solution



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Instructions

1. Mix sand, cornstarch, and dish soap in a medium glass bowl until well blended.
2. Stir in glue and food coloring until well blended.
3. Stir in contact solution, 1 teaspoon at a time, until mixture becomes difficult to stir and is no longer sticky. If necessary, add more contact solution until desired consistency.
4. Knead in hands until you form a ball that is slightly wet but does not stick to your hands.



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Silly Putty

Ingredients

- 4 oz bottle of regular glitter glue- not the washable kind)
- Water (# of oz equivalent to the amount of glue you are using.)
- 1 tsp Borax
- 4 additional oz. of warm water (this is used to dissolve the borax)

Instructions

1. Mix together a 1 to 1 mixture of glue and water.
Stir until completely mixed.
2. Dissolve 1 tsp of borax into the 4 oz (1/2 cup) warm water. Pour borax water into the glue mixture and stir. Keep stirring, after a few seconds the glue will begin to “gel” up.